



## Three Myths in marriage

This can be used as a great Bible Study

One of the greatest dangers in a marriage relationship is fantastical expectations. Here are three of the most common myths.

### 1. My spouse is responsible for my happiness.

The truth is, only abiding in Christ can give you true and continual happiness ([John 15:11](#)). When you look to another person to make you happy you set up yourself for deep disappointments.

### 2. My spouse can and will provide for all my needs.

If you believe this you create a controlled dependency. You become an emotional cripple. The quality of your life is not determined by others; it is determined by your relationship with the Lord, only the Lord can meet your deepest needs ([Psalm 62:5](#)).

### 3. My spouse will give me security and significance.

Only God can provide a sure foundation for these needs. Your spouse can damage them both but can never take them away. It is only as you understand that you are accepted in the beloved ([Ephesians 1:6](#)) and complete in Him ([Colossians 2:10](#)) that you will have true security and understand the significance the Lord gives.

Amen, and Amen.